

ARLINGTON HOUSING AUTHORITY

SUMMER NEWSLETTER – 2017

BOARD OF COMMISSIONERS

Chairman

Richard B. Murray

Vice Chairman

Daniel Brosnan

Treasurer

Joseph Daly

Members

Daniel Brosnan

Joseph Daly

Nicholas Mitropoulos

EXECUTIVE DIRECTOR

John J. Griffin

Administrative Office

781-646-3400

Handicap Entrance available through 1st floor parking lot area

Maintenance Office

781-646-1272

Maintenance Emergency

781-646-1272

Resident Services

Coordinators

781-646-3400

Extension 12 – Jennifer

Extension 25 – Robin

(Staff goes to Buildings on)

Cusack: Monday 11:00-11:30

Drake: Tuesdays 8am - Noon

Chestnut: Thursday 10:30-11:00

Winslow: Please call to make an appointment.



From the Executive Director...

Dear Residents:

We were fortunate to have a manageable winter but sure are glad its spring. We currently are in the planning process for our annual cookouts and we hope you can join us in August for a good time.

We are also continuing our many modernization projects at each building. These improvements are designed to increase the quality of housing and services we provide to you.

We are looking forward to the spring and summertime and hope all of you will have a healthy and happy one.

John J. Griffin

AHA Annual Cookouts



New Lease Addendum

New Rent: your new rent amount will be effective May 1st. Please make sure you pay the correct amount. The new Lease Addendum will have the correct rent amount. Please be sure to sign and return your lease addendum if you haven't already done so.

If you should have any changes with your income, it is your responsibility to notify AHA. A rent adjustment will be done. The Rent is due on the 1st of each month.



The Office will be Closed:

Monday, April 18th for Patriots day and Monday, May 30, 2016 in observance of Memorial Day.

Non-Smoking Policy



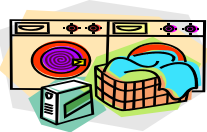
No smoking is allowed on AHA property. If you want to smoke please be considerate and go outside in the designated areas. Do not throw your cigarettes butts around the AHA property.



Air Conditioners

Air Conditioners can be installed by May 1st. Here is the name of the vendor who will remove your A/C:

Sheehan Appliance:
Brian Sheehan
978-877-2181 or
978-256-4428



Laundry Room Issues

Laundry rooms at AHA sites are for the use of tenants only. Tenants may only do their own personal laundry. Do not overload washing machines.

Laundry should be done from 8:00am – 8:00PM. This time is so that noise does not interfere with nearby tenants quiet enjoyment of their apartments.

Vial for Life Forms

Please remember to update your personal vial for life forms with any new medications you are currently taking. Call Mary Maher for forms.

MMSS - Meals on Wheels & Lunches

Anyone interested in getting lunches at Drake Village, please contact Michael at MMSS at 781-221-7081. There is a weekly menu – if you're looking for meals to be delivered to your apartment, please call Mike and he will assist you regarding Meals on Wheels or MMSS lunches.

Shine Counselors

A SHINE counselor is available by appointment at the COA on the 3rd Tuesday, from 10:00 AM to Noon or a counselor can also come to your home if you are unable to come to the Senior Center. **For an appointment, call Joyce Killingsworth after 12:30 PM at the COA office at 781-316-3404.**

AHA Shuttle Van

The AHA van is available Monday, Tuesday, Thursday, for travel within Arlington. On **Wednesday and Friday** the van goes to the Burlington Mall and Market Basket. Tickets are \$20.00 (Good for 10 rides) and are available at the AHA Office or from Mary Maher.

AHA 30-Minute Parking Spaces

Please keep in mind that tenants are not permitted to park in the 30-minute spaces at each building. Please be considerate to the visitors that are providing assistance to residents in need. (Your vehicle can be towed if parked overnight).

Transportation



Dial a Ride (DART) **781-316-3400**

Any Arlington resident who is 60 years of age, retired, or has a disability can contact Dial-a-Ride. Dial a Ride Van allows you to ride for only **\$5.00 each way**, anywhere

in Arlington. Membership cards are available at the Council on Aging for \$20.00, (One business day prior).

Council on Aging Van

To schedule a ride to Senior Center activities Monday - Friday, please call **781-316-3414** at least 24 hours in advance. The cost is **\$1.50 each way**. The van can accommodate wheel chairs. This service is available for curbside service to transport you to and from your home to the Arlington Senior Center. (Please schedule your ride at least 2 days prior to your visit).

Council on Aging Free Rides

For any cancer-related medical appointments – please call Lourie August at (781) 316-3410

COA Activities

Do not hesitate to go to the COA to check for various events and trips offered to Arlington residents.

DRAKE VILLAGE HAUSER

Tenants' Association
President: Fred Gerard
Vice President:
Secretary:
Treasurer:

http://www.arlingtonhousing.org/tenant_soc_drake.php

Tenants' Association Meeting

Bingo

Thursday at 7:00 PM

http://www.arlingtonhousing.org/tenant_as_soc_chestnut.php

Monday at 6:00 PM

Balance/Weights Exercise
Monday & Friday 4:00-4:45 PM

Tenants' Association Meeting
2nd Tuesday at 7:00 PM

Game Night
Every Night at 6:00 PM

Coffee, etc.
Saturday 7:00 - 10:00 AM

Bingo
Monday & Thursday at 7:00 PM

Movie Matinee
Every Thursday at 1:30 PM

Tuesday and Saturday Night Supper
5:00 PM - \$2.00
Please sign up a day ahead.

Catholic Mass
2nd Thursday at 11:30 AM

Po-KE-No
Friday at 6:00 PM
Coffee & Donuts
Saturday 9:00AM – 11:00AM

Exercise with Sophia
Tuesday at 11:00 AM

Game Night
2nd & 4th Thursday at 7:00PM

WINSLOW TOWERS

Tenants' Association

President: Pamela Hauser

Vice President:

Secretary: Brenda Cox

Treasurer: Robin Jones

http://www.arlingtonhousing.org/tenant_as_soc_winslow.php

ELL Classes
(English Learning Language)
Saturday 10:00 AM – 11:00 AM

Movies
Saturday at 7:00 PM

Tenants' Association Meeting
3rd Thursday at 7:00PM

Shine Counselor
3rd Wednesday 9:00AM – Noon
(MMSS) 781-221-7070
(Clients) 781-221-7029
Annette Bender

Trivial Pursuit
Sundays at 3:00PM

Wednesday Night Dinners
Every Wednesday at 5:30 PM
(Bring your own dinner)

MMSS Lunch Program
Monday - Friday at Noon

Karaoke
(When posted)

Bingo
Monday 6:00 PM – 8:00PM

Tai Chi
Monday & Friday at 9:00 AM

Poetry Reading
(When posted)

Game Night
Wednesdays at 7:00PM

Game and Social Night
Wednesday at 7:00 PM

Coffee & Donuts
Saturday 9:00AM – 11:00AM

Craft Night
Fridays 6:00PM – 8:00PM

Rosary
Saturday at 2:00 PM

CUSACK TERRACE

Tenants' Association

President: Pat Dunlevy

Vice President:

Secretary: Pamela Shepard

Treasurer: Flo Mc Gee

http://www.arlingtonhousing.org/tenant_as_soc_cusack.php

Coffee Night
Saturdays 9:00AM – 11:00AM

Movie Night
Saturday at 7:00PM



Maintenance Calls

Please call the maintenance number

CHESTNUT MANOR

Tenants' Association

President: Sharon Elkins

Vice President: Margaret Sheehan

Secretary: Mary Anne Fitzgerald

Treasurer: Wendy Watson

Tenants' Association Meeting
Celebrating Monthly Birthdays
2nd Thursday at 7:00 PM

Bingo

for any maintenance related issues:
781-646-1272.

AHA Summer Maintenance Help

Summer maintenance interns will be coming back the 1st week of June. They will be helping with various projects and maintenance upkeep at the all our buildings.



Safeguard Medicine in your Apartment

Keep all medicines in a safe place, such as a locked cabinet;

Keep track of refills;

Take an inventory of all the medicines in your apartment, start by discarding expired or unused prescriptions or over-the counter medicine;

Remove any personal, identifiable information from the prescription bottles or pill packages before you throw them away;

There is a medicine take back location at 8 Summer Street at the back of the building in the Community Room which is being used by the Arlington Police Department. Inside the back door there is a green box marked with medication return on it. Please contact the Arlington Police at 781-316-3911 to schedule a time to dispose of your old

medications.

Do not forget to update your Vial for Life forms!!!

Farmer's Market



The Arlington Farmer's Market opens for the season starting on **Wednesday, June 8th, and ends Wednesday, October 26, 2016.** The location is at Russell Common parking lot – (near Arlington Center). The Farmer's Market runs on Wednesdays from: 2:00pm – 6:30pm.

Tenant Issues

If there are any major issues (out of the ordinary) please contact the office. We can't correct anything if you don't let us know!



The warmer weather is here! It's a great time of year to get outside take a walk, and enjoy the good weather, We're all looking forward to having a great summer and to plan for the Annual Cookouts.... Enjoy!

HAPPY SPRING!

